



# St Nicholas Catholic Primary School

## Newsletter 13th January 2023

**Executive Head: Mrs Cathy Blatchford      Head of School: Miss Kelli Reynolds**

St Nicholas Catholic Primary School, Ringswell Avenue, Exeter, Devon, EX1 3EG

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Website: [www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

**St Nicholas School is committed to safeguarding children.**

Designated Child Protection Lead: Miss K Reynolds

Deputy Child Protection Leads: Miss S Boulton & Mrs C Blatchford

Named Governors for Child Protection: Mrs F Dennehy and Mr J Cookson

***"Living and Learning in Spirit and in Truth"***

### Head of School's News

Happy new year and welcome back to the start of a new school term! I hope you all had a lovely Christmas break. The children all seem very rested and are showing great enthusiasm for their new learning this term.

#### CAFOD World Gifts

As you will all remember, children all wore their Christmas jumpers on the 14th December in order to raise money for Cafod world gifts. Each class had chosen a particular item that they wanted to be able to gift to some of the poorest communities of the world. We have had classes raising money for bees, chickens, goats and school resources. In total the school was able to raise £205.24. Thank you so much for your contributions.

#### School uniform.

Until the Easter holidays, the children are expected to be in winter uniform. This includes a white shirt and a tie. Children should wear school jumpers or fleeces, not hoodies or sweatshirts. Please remember, the school sells reasonably priced good quality second hand uniforms should you need to replace any items. Please can girls also ensure that they are not wearing nail varnish and that long hair is tied back.

### Important Dates

<b>2nd February</b>	Candlemas Liturgy led by Powderham Class - parents are very welcome to attend at 2.15pm in the school hall
<b>3rd February</b>	Yr 2 sleepover
<b>4th February</b>	Pick up from sleepover at 9am
<b>10th February</b>	Break up for half term
<b>21st February</b>	Children return to school Pancake Day

### Information and News

#### Meal Manager

Later this term we will be introducing Parentpay Meal Manager - a way for you to book your child's lunches at home and in advance. You will log on to the system using your Parentpay log in and will be able to see the lunch choices for the week and choose them with your child. It will be especially useful if your child is going to be late to school e.g. due to a medical appointment. Look out for more information soon.

**Living and Learning in Spirit and in Truth**

## Flu Immunisation

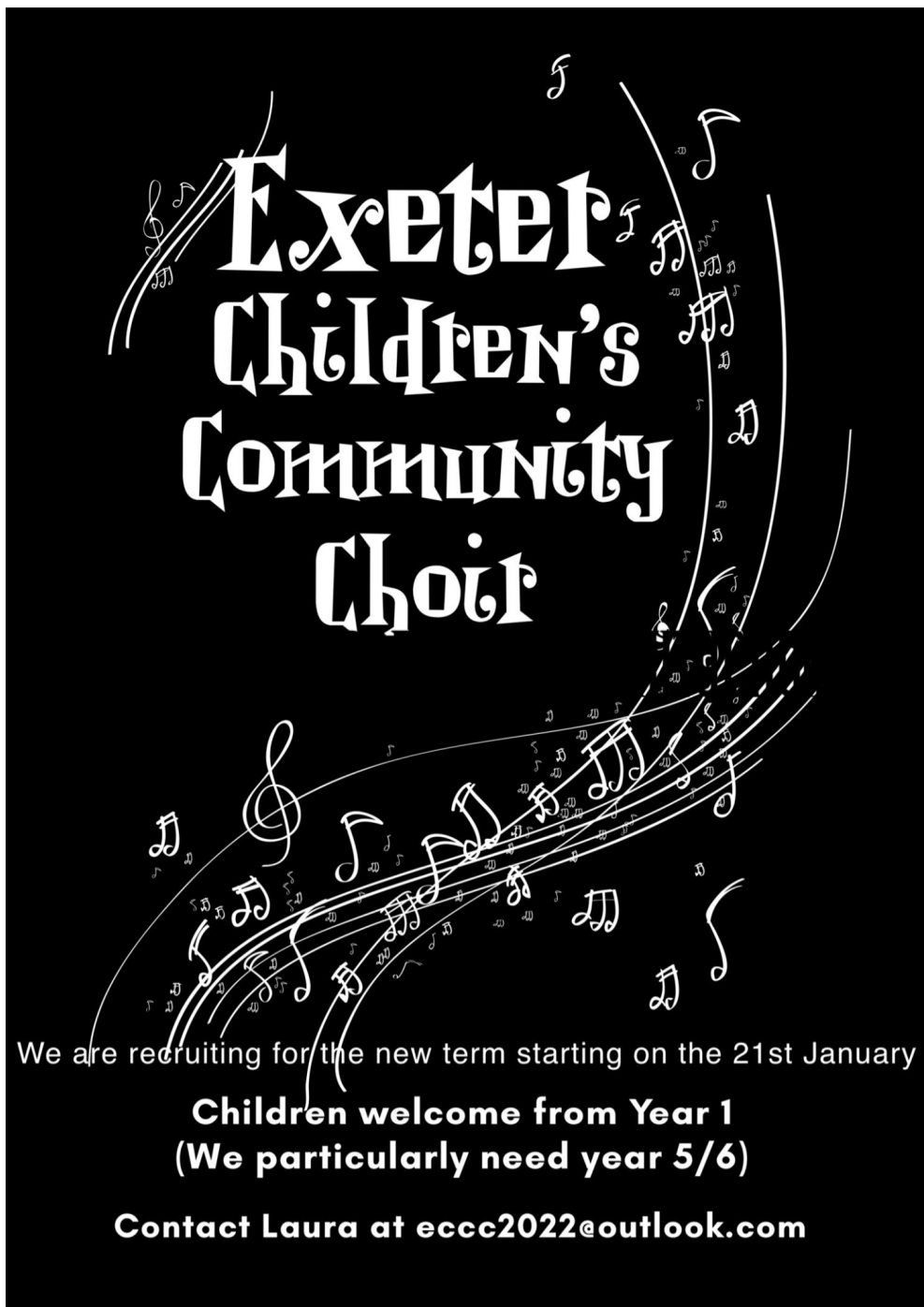
The School Aged Immunisation team have now finished visiting Primary schools to deliver the nasal flu vaccination. The flu season continues until the end of March, and we are already seeing high levels of infection and hospital admissions as a result of the virus. This year the vaccine is an extremely good match to the circulating virus, and it remains of benefit to your child, their family, and the community in which they live, to receive the vaccination throughout the flu season.

If your child has not yet received the flu vaccination and you would like them to be vaccinated, please use the link below to book into a community clinic in your area.

<https://schoolimms.hcrgcaregroup.com/flu/2022/bookdevon>

If you have any queries or would like support, please contact our Immunisation SPA on 0300 247 0082 or email on [vcl.immunisations@nhs.net](mailto:vcl.immunisations@nhs.net)

## Community News

A black poster with white musical notes and staff lines. The title 'Exeter Children's Community Choir' is written in a large, white, serif font. Below the title, the text 'We are recruiting for the new term starting on the 21st January' is written in a smaller, white, sans-serif font. Below that, 'Children welcome from Year 1' and '(We particularly need year 5/6)' are written in a bold, white, sans-serif font. At the bottom, 'Contact Laura at [eccc2022@outlook.com](mailto:eccc2022@outlook.com)' is written in a white, sans-serif font.

**Exeter  
Children's  
Community  
Choir**

We are recruiting for the new term starting on the 21st January

**Children welcome from Year 1  
(We particularly need year 5/6)**

**Contact Laura at [eccc2022@outlook.com](mailto:eccc2022@outlook.com)**

## Free online support sessions for parents and carers of young people aged 9 to 12

Following the successful Let's Talk Teenagers programme, a series of free online support sessions called '[Let's Talk Pre-teens](#)' is starting next week (Tuesday 17 January).

These sessions are an opportunity for parents and guardians of young people aged 9 to 12 to hear about some of the challenges young people face today, and the tools they can use to support them. The sessions will take place on Tuesday 17, 24 and 31 January and will cover topics such as:

- Difficult emotions
- Relationships
- Mental health

[Find out more and book a place on the 'Let's Talk Pre-teens' Eventbrite page.](#)

### Pupil's New Year Prayer

*Lord Jesus, I ask for Your help as I begin this new school year.  
Allow me to experience Your presence in the many blessings You put  
before me.  
Open my eyes to the new challenges and exciting opportunities that this  
new school year brings.  
Open my heart and mind to new friends and new teachers.  
Give me a generous spirit to be enthusiastic with my studies and courage  
to accept new opportunities.  
Help me to be attentive to my teachers and let me experience Your  
presence in my new friends.  
Jesus, inspire me to do my best this year!  
Amen*

