



**Kilve Court**  
Residential Education Centres

*Extending Horizons...*



### Kit List for Activity Courses at

#### Kilve Court

**PLEASE MAKE SURE ALL KIT IS CLEARLY NAMED**

#### Preparation for the trip

Being prepared for camp is very important. Part of going to camp is about outdoor life which will involve teamwork and getting muddy and wet. Brand new clothes and dirt don't mix. So, please don't bring anything you might be worried about ruining.

Please be aware that your children will be required to carry any luggage that they bring and that this could be up 2 flights of stairs. Therefore, 2 smaller holdalls are sometimes better than 1 large one. All belongings, including bedding, must be packed in secure and robust luggage. Black bin bags are **not** suitable for any items as they rip easily.

Please ensure that your child is involved in packing their belongings. In this way they are aware of what they have with them, especially as they will be repacking them without your help! Also, children need to practise having quick showers to avoid reducing the time for evening activities.

**Students must not bring mobile phones or any other electronic devices** e.g. hairdryers or straighteners etc.

#### Bedding

All students are required to bring:

- their own sleeping bag **or** duvet
- a flat sheet
- a pillow case

#### Kit List

- Outdoor shoes / trainers – **at least 2 pairs** in case they get wet. Must be able to secure to feet with laces or Velcro e.g. no ballet pumps or slip on shoes **and** be able to offer some protection against wet weather/damp grass
- Slippers or flip flops for indoor use only
- Socks NOT trainer style
- Trousers, track suits or leggings (**no jeans**)
- Sweatshirt / fleece
- Wellington boots and long socks to prevent chafing
- Waterproofs – **Coat with sleeves, must be waterproof** not shower proof as we will be out in all weather conditions. Also, waterproof trousers wherever possible.
- T-shirts (Must cover shoulders. No vest tops)
- Knee length shorts (Warm weather)
- Baseball style cap (Rain or shine)
- Sun cream (Your child will apply this themselves. No aerosols)
- Night wear
- Toilet bag – soap, flannel, toothbrush, toothpaste, deodorant etc (No aerosols)
- Towels x2 (One for stream walk – this will get muddy)
- Simple water bottle (1 Litre) (not glass)
- Simple rucksack (large enough to hold water bottle and raincoat)

#### Special Requirements for Certain Activities

- Climbing, Abseiling, High Ropes – not tight trousers
- Archery – Long sleeved top – not baggy
- Mountain biking - gloves (if required)
- Stream Walk – Old clothes that will get caked in mud. A towel and a couple of bin bags to put dirty clothes in.

#### Useful Extras

A torch, a camera (preferably disposable), a book and a teddy.

**Spending money** - There is a shop on site which provides postcards and small gifts etc. A maximum of £5.00 per child can be brought as spending money (preferably in change.)