

St Nicholas, Exeter Sports Premium Plan

SEF date:	
Devised by:	Lauren Stone/Natasha Turner
Date:	01.10.18
Review date:	11.02.19
Review date:	15.07.19

Milestones

	Term 1	Term 2	Term 3

Physical Activity

Priority This should identify the area for improvement (AfI)	Actions The actions should state exactly what needs to be done in order	Timeframe	Led by/ Who is involved	Impact This should identify what impact these improvements will make once completed	Evaluation
To ensure that all children have an opportunity to take part in a range of physical activity, in addition to their PE entitlement.	Offer extra-curricular clubs free each term Autumn: Dance/Rugby/Zumba/Boxercise Spring: Martial Arts/Zumba/ Summer: Zumba	2018-2019	NT	There is a broader range of sports and activities offered to all children. More children are taking part in extra-curricular activities.	
	Y1-6 to take part in Cross-Country event	November '18	NT		

	Each year group to take part in an event at St Luke's	2018-2019	NT		
To gain the Silver School Games Mark.	NT to plan and co-ordinate events and activities towards the Silver Mark	Autumn 2	NT	School gains the Silver School Games Mark.	
	NT/Matt Upston to put together the Silver Mark application	May 2019	NT		
To provide First Aid training to Y5 children.	1/2 day session run by Matt Upston for Y5	June 13 th 2019	NT	All Y5 children are First Aid trained.	
To increase children's participation in competitive sport.	10 children to participate in Bronze Young Ambassador training		NT	All children are involved in competitive sport. Children are leading sport and physical activity within the school.	
	BYA children to work alongside Matt Upston to draw up an intra-school competitions plan		NT		
	BYA children to run intra-school competitions during Spring and Summer (6 in total)		NT		
	All children to given a house/team colour		NT/AB		
To support and involve the least active children by providing targeted activities.	10-16 children to participate in Change for Life Champions training	18.10.18	SA	The least active children are taking part in regular targeted physical activity.	
	Change for Life Champions to run a range of physical activities during lunchtimes	2018-2019	SA		

	SA to encourage and support focus children to participate in the activities on offer	2018-2019	SA	Children are leading sport and physical activity within the school.	
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Healthy Lifestyles					
Priority	Actions	Timeframe	Led by/Who	Impact	Evaluation
To improve opportunities for physical activity, socialisation, co-operation, coordination, resilience, creativity, imagination and enjoyment through improved play as part of the Outdoor Play and Learning (OPAL) programme.	See separate action plan	Summer '18-Summer '20	LS/OPAL working party	Opportunities for physical activity, socialisation, co-operation, coordination, resilience, creativity, imagination and enjoyment are improved.	

To encourage children to try and inform children about different healthy food options.	Introduce children to the salad bar in Celebration Assembly ahead of the launch on 24.09.18	21.09.18	LS	Children are trying different options from the salad bar.	
	Salad bar available daily to all children (packed lunch or school dinners)	24.09.18	Catering Staff	Children are able to talk about healthy food choices and the impact of what we eat.	
	Inform parents about the salad bar via the newsletter	24.09.18	AF/AB		
	Y5/6 children (2 each day) to serve the salad bar options to the other children	24.09.18	KR		

Longer Term Plan

If you have too many priorities, or if you have other areas for improvement that will not be completed during this academic year, add them on a separate page at the bottom of the SDP to expand upon next year.

Priority	Actions	Timeframe	Led by/ Who is involved	Impact	Evaluation