



WEEK 1

W/C: 03/05, 24/05, 14/06, 05/07, 26/07, 16/08, 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02, 14/03, 04/04

SPRING/SUMMER 2023

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|---|
| HOT SPECIALS | Cheese and Tomato Pizza   Served with Potato Wedges | Pork Sausages Served with Mashed Potato and Gravy | Roast Turkey  Served with Roast Potatoes and Gravy | Beef Bolognese  Served with Wholemeal Pasta and Garlic and Herb Bread | Breaded Fish Fingers Served with Chips |
| | Vegetable Pesto Pasta Bake  | Macaroni Cheese  | Roasted Vegetable Butterbean Crumble   Served with Roast Potatoes and Gravy | Vegetarian Bolognese   Served with Wholemeal Pasta and Garlic and Herb Bread | Vegetable Dippers  Served with Chips |
| JACKET POTATO | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of fillings including salmon mayo | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of filling |
| Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta   | | | | | |
| All main meals are served with two vegetables | | | | | |
| DESSERT | Vanilla Ice Cream | Hot Chocolate Sponge with Chocolate Custard | Strawberry Jelly with Fruit  | Fruity Picnic Bar  | Chocolate Ice Cream |

PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and fresh fruit or Bear Yoyo or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian
  Oily Fish
  Wholegrain
 Fruity!
  Nutritionist's Choice
  Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.






WEEK 2

W/C: 03/05, 24/05, 14/06, 05/07, 26/07, 16/08, 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02, 14/03, 04/04

SPRING/SUMMER 2023

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---|--|---|---|---|
| HOT SPECIALS | Cheese and Tomato Pizza   Served with Potato Wedges | Chinese Chicken  Served with Egg Fried Rice | Roast Gammon Served with Roast Potatoes and Gravy | Beef Lasagne  Served with Garlic and Herb Bread | Breaded Fish Fingers Served with Chips |
| | Vegetable Pastry Roll  Served with Potato Wedges | Cauliflower Macaroni Cheese   | Sweet Potato Chickpea Roast  Served with Roast Potatoes and Gravy | Vegetarian Lasagne   Served with Garlic and Herb Bread | Vegetable Dippers  Served with Chips |
| JACKET POTATO | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of fillings including salmon mayo | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of filling |
| | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta   | | | | |
| | All main meals are served with two vegetables | | | | |
| DESSERT | Oat Chocolate Cookie with Fruit  | Orange Jelly | Chocolate and Banana Marble Cake | Banana and Apricot Flapjack with Fruit  | Strawberry Ice Cream |

PACKED LUNCH

Ham or cheese sandwich or daily special with veg sticks and fresh fruit or Bear Yoyo or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice  Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 03/05, 24/05, 14/06, 05/07, 26/07, 16/08, 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02, 14/03, 04/04

SPRING/SUMMER 2023

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---|--|---|---|--|
| HOT SPECIALS | Cheese and Tomato Pizza   Served with Potato Wedges | Mexican Beef Tortilla Pie  Served with Wholegrain Rice | Roast Pork Picnic Plate Served with Herb Diced Potatoes | Butter Chicken Curry  Served with Wholegrain Rice | Southern Fried Chicken Served with Chips |
| | Vegetarian Bolognese  Served with Wholemeal Pasta | Mexican Vegetable Tortilla Pie   Served with Wholegrain Rice | Cheesey Ploughman's Picnic Plate  Served with Bread | Macaroni Cheese  | Tomato Vegetable Burger  Served with Chips |
| JACKET POTATO | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of fillings including salmon mayo | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of filling | Jacket Potato  with a choice of filling |
| | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta   | | | | |
| | All main meals are served with two vegetables | | | | |
| DESSERT | Mango Frozen Yoghurt | Berry Flapjack with Fruit  | Chocolate Brownie with Fruit  | Pineapple Upside Down Cake with Custard | Chocolate Milkshake and Shortbread |

PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and fresh fruit or Bear Yoyo or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian
  Oily Fish
  Wholegrain
 Fruity!
  Nutritionist's Choice
  Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

